PARTICIPATORY BUDGETING FUND
2025/2026

The closing date for applications is 5th June 2025 at 5 pm.
Please note, late applications will not be accepted.

Please refer to the associated guidance when completing this application form.

All projects must be completed by 28th February 2026.

Who can apply?

- Project proposals are invited from individuals, community organisations or voluntary groups who must run in South Ayrshire localities and support local people.
- Both constituted and non-constituted groups (non-constituted groups may need to partner with a constituted organisation to receive funding
- This process is **not** open to schools, but Parent Association/Pupil Councils may apply if the project does **not cover core curricular activities.**

Which of the following areas does your project fit in to – please tick which one applies:

1. **Ayr North**	X
2. **Ayr South & Villages**	
3. **Prestwick, Troon & Villages**	
4. **North & South Carrick**	

Which priority does your project fit in?
Project must meet at least one of these, please ✓ the most appropriate.

1. **Adult and Family Learning**	X
2. **Financial Inclusion (Cost of Living Support)**	
3. **Youth Work**	X
4. **Community Development**	X

Project Proposal

Organisation Name: Carers Gateway – South Ayrshire	
Project Name: Ayr North Young Carers - Wellbeing Backpacks **Over the past year, we've recorded a rise in Ayr North referrals for young carers, many are supporting a parent or guardian with chronic mental health condition, which often takes a heavy toll on their own emotional wellbeing. To address this, we'd use this funding to assemble 10 mobile "Mental Wellbeing Backpacks,"** **Each containing:** **Guided Journals: Structured prompts to help carers process stress and reflect on positive experiences.** **Mindfulness Colouring Books & Premium Pencils: A proven tool for lowering anxiety and promoting focused relaxation.** **Mindfulness Card Decks: Simple, one step exercises for breathing, grounding or gratitude easy to use anywhere.** **Stress Relief Fidgets (spinners, squeeze balls): Portable sensory tools to diffuse tension in moments of overwhelm.** **Headphones Pre-loaded with Guided Meditations & Relaxing Soundscapes: Instant, private access to mental-health resources, even without Wi-Fi.** **Young carers (aged 10–18) can borrow a backpack for up to one week, giving them discreet, portable access to self care tools whenever and wherever they need a moment of calm be that at home after school, in the school library between lessons.** **Emotional impact: Young carers of parents with mental-illness are twice as likely to experience anxiety and depression compared with their peers.** **Barriers to support: Young carers can often lack private space or time to access traditional services; mobile kits may help overcome both by bringing resources directly to them.**	

Equity of access: Backpacks can circulate through schools, youth centres and community events ensuring young carers alike can borrow them at their convenience.	
Organisation Address: **43 Sandgate, Ayr**	
Postcode: KA7 1DA	

Will you be able to deliver your idea by 28th February 2026 (if successful)? **Yes**
Total cost of idea/how much are you applying for? Please provide a breakdown: £600 **Durable day-pack backpacks**   **£30   10   £300** **Guided meditation & mindfulness audio USBs   £8   10   £80** **Mindfulness colouring books   £6   10   £60** **Nice Journaling notebooks   £8   10   £80** **Stress-relief fidget tools (spinners, balls)   £3   10   £30** **Mindfulness exercise card decks   £5   10   £50** **Subtotal   £600**
If total costs exceed £2000, will you have match funding: (see guidance note 4) If yes, please detail who the other funders will be:

Are you a constituted group/organisation?	**YES**
Do you have a bank account?	**YES**
Do you have host organisation in place (if required)? If so, please state host organisation.	**NO**
Do you give consent for us to use/share your details throughout the Participatory Budgeting process?	**YES**

I, on behalf of, (organisation name):

- Certify that to the best of my knowledge the information contained in this application is true and accurate and will adhere to the following terms and conditions.

- Understand that making this application does not entitle the organisation to funding as a right.

- Will not commence or commit any expenditure before receiving approval of the funding.

- Understand that this funding award does not cover retrospective work.

- Understand that to make any misleading statement in relation to this application could make the application invalid or may mean the organisation has to repay the funding.

- Understand that this application is subject to appropriate checks and meets appropriate

guidance and essential criteria.

- I have read the associated guidance and essential criteria before completing and submitting this application form.

- Understands that if I do not provide satisfactory evidence of spend then the council may request, I repay the grant.

- Failure to return or complete and return any evaluations requested then I may not receive any future funding from South Ayrshire Council. I may be asked to repay the funds if I cannot provide evidence that they were used for the purpose intended.

Name of Person completing application: _Tonya Galloway _____

Date: ____12.06.25_____

This application only should be uploaded to Your Area Your Voice Your Choice and select the relevant locality.

Please submit the following information via email to External Funding Officer at:

grants@south-ayrshire.gov.uk

1. Lead contact name, email address and telephone number.
2. Copy of constitution.