



# COASTAL COMMUNITIES FUND 2024/2025

The closing date for applications is 11<sup>th</sup> September 2025.

Please note late applications will not be accepted

Please refer to the associated guidance when completing this application form.

All projects must be completed by 31st March 2026.

This is an application form for the Coastal Communities Fund managed by South Ayrshire Council. Please complete all parts of the form. If you require any clarification or additional information then please contact <a href="mailto:grants@south-ayrshire.gov.uk">grants@south-ayrshire.gov.uk</a>

# Amount of grant requested

TYPE OF GRANT	AMOUNT	PURPOSE	SELECT ONE
*Small grant	Up to £1000	To support small grass roots groups and organisations.	
*Development grant	Up to £4,950	The Development Grant will assist groups to plan & develop small scale projects that will link into one of the priorities of the Coastal Communities Grant Fund. Projects will essentially make communities a more attractive place to live & work.	

# **Section 1: Organisation Details**

Organisation Name	Troon Water Sports Hub
Organisation Address	2 Golf Place, Troon, KA106LA
Type of organisation	
(voluntary organisation,	
charity, CIC, Ltd. by	
guarantee, SCIO,	SCIO
unincorporated	
association etc. or private	
sector)	

If a charity or Limited Company please include your number	SCO47691
Does your group/organisation have a bank account?	Yes ⊠ No □ In progress □

#### Section 2: Contact details

Contacts	Lead Contact
Name	Harry Risk
Position in Organisation	Treasurer
Contact E-mail	
Contact Telephone Number	

### **Section 3: Project Details**

### **Project Title**

Blue Health Adventure Programme		

# About your project/what are you seeking funding for?

This project will expand upon South Ayrshire Council's Blue Health Project and their strategies related to encouraging greater connections with our coastline and improving mental and physical wellbeing. We recognize that our community would benefit from a wide range of different coastal activities, and we are keen to engage new audiences. Previously our provision focused upon active watersport-based activities, however this funding will help us to build new connections and link greater with families through a year-round coastal land and sea activities programme.

We propose a set of accessible and engaging blue health opportunities targeting the local community through three main formats with our main partner in this project, Undersky.

- 1. Family Blue Health walks/events designed and delivered by UnderSky
- 2. Family Blue Health challenge leaflets designed by UnderSky
- 3. The purchase of equipment, wet suits and buoyance aids to deliver watersport based blue health opportunities.

We are particularly interested in providing a greater range of coastal activities due to the positive impact of nature-based interactions upon mental wellbeing: improving psychological well-being, relieving stress, increasing positive mood, enhancing life skills, reducing mental fatigue, increasing concentration and reducing aggression. Accessing

these benefits through impactful, cost effective and achievable methods is key to supporting happiness and life satisfaction, helping coastal communities become more attractive places to live. This fund will help the Troon Water Sports Hub provide this.

# 1. Family Blue Health walks/events designed and delivered by UnderSky

UnderSky are a local social venture business who create and deliver imaginative and engaging outdoor experiences for a wide range of audiences. They have recently collaborated with South Ayrshire Council to write and design both the Green Health and Blue Health projects. They have been working within deprived communities throughout South Ayrshire for five years delivering family events and have established a strong following and enthusiastic audience within Barassie, Troon, Prestwick and Ayr plus inland rural and remote communities too. During this project Troon Water Sports hub in partnership with UnderSky will design and deliver six monthly Wee Wild Wanders with the focus upon blue health activities at Barassie Beach. This location has been used by UnderSky and the Troon Water Sports Hub team multiple times previously and we have both established a strong connection with the local community.

UnderSky's Wee Wild Wanders programme will aim to:

- Design six unique walks lasting 1.5 hours, one for each month from October to March, each walk with different content and seasonally relevant.
- Expand upon SAC's Blue Health project, linking with their printed brochures and also continuing-on from the summer programme of events.
- Support families of primary aged children to interact and engage with the coastline together, during a more invigorating time of year.
- Introduce families to the 'species of the month', the 'out and about' activities and the 'doorstep challenges' providing families with novel, informative, active and fun ways to learn.
- Highlight environmental and cultural aspects of our coastline and the positive impact these can have on our lives.
- Be booked via the UnderSky website online booking system, providing further information to participants about the events and allowing us to gather valuable data about participants such as postcode data and previous experience of coastal activities and water sports.
- Be delivered by two UnderSky staff members provide spaces for up to 30 children and their parents/carers to take part in each event.

### 2. Family Blue Health challenge leaflets designed by UnderSky

It is recognized that families appreciate support and structure to help them access the outdoors, especially during colder winter months. This partnership project will help to encourage and motivate families to continue to gain from the blue health benefits of our coastline by providing each participant with a different leaflet every month.

The aims of the leaflets will be to:

- Detail additional simple and accessible coastal challenges designed for each month.
- Motivate families to access their coastline within their own time and

- Build confidence, encourage motivation and increase self-reliance to improve mental wellbeing into the future.
- Increase appreciation for living near the coastline.
- Form a legacy product to initiate future explorations, outwith structured events.

### 3. The purchase of equipment to deliver water-sport based blue health opportunities.

Alongside the provision of UnderSky's beach-based activities and learning through play, this project will also support the provision of some more physically challenging activities. This will encourage a progression from beside-the-water activities to on-the-water activities, to in the water activities and under the water activities. By supporting us in purchasing additional equipment for water sports we will be able to offer a greater number of more accessible water-based activities to the community through having wet suits, sit on canoes and buoyancy aids. These activities are more accessible to a wider audience than the traditional higher-challenge options and therefore are perfect for introducing the community to fun and safe water sports and the blue health benefits. We are also keen to challenge the idea that water sports are only suitable for summer months and will highlight that the sea temperature remains relatively stable throughout the year, including the winter.

### What community will this project be delivered in and what communities will benefit?

This project will be delivered in the Barassie, Dundonald, Symington and wider Troon communities and will benefit a wider audience throughout South Ayrshire. We will target communities within deprived areas and also rural and remote areas to help these communities experience the benefit from blue health opportunities. Additionally, we will promote our events to refugee groups, helping to build a welcoming atmosphere.

Within South Ayrshire we also have a higher-than-average elderly population with many retirees, Ayrshire also attracts many day visitors and weekend staycation visits in campervans using Barassie Beach as a base for relaxing breaks. An activity Programme like ours will increase the visibility of South Ayrshire as a location for Blue health activities and healthy breaks, thus also benefiting the local year round visitor economy.

# Please provide information you have about the need and support for the project, eg community consultation

Over the past five years Troon Water Sports Hub and our project partners UnderSky have gained multiple positive comments and requests for future events and activities within South Ayrshire. Our coastal activities are always the most popular and indicate a strong desire for families to engage in events in this location. We have been working with the Troon, Barassie and rural village communities for many years and have data signifying the need for more activities. The Troon Together consultation project and other local surveys, and public meetings we have conducted over the years has shown that the

general public wish more facilities and activities at Barassie Beach and on the coastline utilizing our great natural asset. (Troon Together Community Action Plan)
Which of the following Council plan priorities most aligns with your proposed project:
Priority 1 – Spaces & Places ⊠  Priority 2 – Live, Work, learn ⊠  Priority 3 – Civic & Community Pride ⊠
Please select the grant you are applying for and the relevant priority (you can select more than one priority, if applicable)
For small grant only:
<ul> <li>To assist with barriers to sustain the group □</li> <li>To develop new projects/ideas □</li> </ul>
For development grant only:
<ul> <li>Deliver improvements to public places that will increase the number of visitors</li> <li>make coastal communities more attractive places to live and work</li> <li>demonstrate a strong link to local strategies and local place plans</li> </ul>
If linking into a place plan or a community action plan, please details which priority it will be achieving:
"There is a strong desire to see Troon celebrate its seaside location and to be a green and sustainable place to live" (Troon Together Community Action Plan, p.64).
From the Troon Together Community Action Plan the beaches are recognised as a "major asset" however the community is keen to see more water sports and a reduction in the litter found along the coastline. Over the past eight years we have been working hard to improve the water sports provision in Troon area and we could like to continue to support this through a variety of coastal opportunities. Our project would link with a variety of

THEME 1: TOWN & SEAFRONT ENHANCEMENT AND LOCAL ECONOMY

different priorities within the Action Plan, specifically relating to:

Our project will help to enhance the seafront by highlighting the positive elements already existing along this area. The Blue Health walks will help illuminate and accentuate

the coastal environment, helping families to appreciate what they have on their doorsteps.

### **THEME 3: RECREATION AND CULTURE**

Our project will not only help develop and promote facilities for watersports but also engage a wider audience in the environmental and cultural significance of our coastline through accessible events.

### **THEME 4: ENVIRONMENT AND HERITAGE**

Our project will help to improve public perception of our coastline through meaningful and informative activities.

### THEME 5: YOUTH AND COMMUNITY

Our project will support and develop community events for primary aged children and their families, offering free and accessible outdoor play and learning.

Estimated start date:	October 4 <sup>th</sup> 2025
Estimated completion date:	March 29 <sup>th</sup> 2026

# **Section 4: Project Costs**

How much funding are you requesting from the Coastal Communities Fund?
£
Are you applying for Revenue or Capital costs, or both?
Revenue 🗆 £
Capital □ £

Please provide a full break down of costs for your project.

If applying for both revenue and capital, then please detail costs separately.

Item/Activity	Cost
UnderSky design and delivery of Wee Wild Wanders	£1500 +VAT
UnderSky design and printing of Blue Health Challenge flyers	£1080 + VAT
	VAT £516
Revenue	£3,096
Junior Lomo Sigma sit on top canoe x 2	£710
Junior Peak PS Buoyancy Aids x 8	£656
Junior Lomo 5mm Wet Suits x7	£552
Capital	
Total	£4945

### For development grant only:

Individual item costs over £1000, 3 quotes need to be provided – <u>if relevant quotes are not</u> provided when submitting application, it will not be considered.

### **Section 5: Checklist**

### Please confirm you have the following documents:

Constitution/Memorandum & Articles  $\boxtimes$  Audited or independently verified accounts  $\boxtimes$  Last 3 months bank statements  $\boxtimes$ 

### **Section 6: Declaration & Conditions**

I, on behalf of, (organisation name):

- Certify that to the best of my knowledge the information contained in this application is true and accurate and will adhere to the following terms and conditions;
- Understand that making this application does not entitle the organisation to funding as a right;
- Will not commence or commit any expenditure before receiving approval of the funding;
- Confirm that the quotations are bona fide competitive quotes;
- Will provide the External Funding officer with digital colour photos of the work, both before and after the work has been completed. I understand that these images will be kept on record and used for future publicity;
- Understand that this funding award does not cover retrospective work;
- Understand that to make any misleading statement in relation to this application could make the application invalid, or may mean the organisation has to repay the funding;
- Understand that this application is subject to appropriate checks and meets appropriate conditions such as planning, procurement guidelines, and other statutory consents; and
- I Have read the associated guidance before completing and submitting this application form.
- Understands that if I do not provide satisfactory evidence of spend then the council may request I repay the grant

Failure to return or complete and return any evaluations requested then I may not receive any future funding from South Ayrshire Council. I may be asked to repay the funds if I cannot provide evidence that they were used for the purpose intended.

Name of Person Completing Application: Harry Risk

On behalf of: (Organisation name): Troon Water Sports Hub

Date:	05/09	/25		

Completed application only should be saved as a PDF document and uploaded to the Your Area Your Voice Your Choice

Supporting documents should be e-mailed to <a href="maileographs-ayrshire.gov.uk">grants@south-ayrshire.gov.uk</a>

# These include:

- Constitution
- Last 3 months bank statements
- Independently verified accounts
- Quotes (where required)